<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>French onion soup &amp; roll</td>
<td>Cauliflower soup &amp; roll</td>
<td>Curried parsnip soup &amp; roll</td>
<td>Chicken and sweetcorn soup &amp; roll</td>
<td>Carrot and cumin soup &amp; roll</td>
</tr>
<tr>
<td>£1.40</td>
<td>£1.40</td>
<td>(MUSTARD) £1.40</td>
<td>£1.40</td>
<td>£1.40</td>
</tr>
<tr>
<td>Brazilian fish stew</td>
<td>Chicken and greens pasta bake</td>
<td>Roasted chicken</td>
<td>Sweet and sour pork with rice</td>
<td>Battered fish of the day</td>
</tr>
<tr>
<td>(FISH) £4.00</td>
<td>(MILK, GLUTEN, DAIRY) £4.00</td>
<td></td>
<td>(SULPHITES, CELERY) £4.00</td>
<td>(FISH, GLUTEN) £4.00</td>
</tr>
<tr>
<td>Tomato and basil risotto</td>
<td>Vegetable curry with rice</td>
<td>Penne with feta and tomato</td>
<td>Vegetable paella</td>
<td>Vegetable Goulash &amp; rice</td>
</tr>
<tr>
<td>(GLUTEN) £3.10</td>
<td>(GLUTEN MUSTARD) £3.10</td>
<td>(GLUTEN, MILK)</td>
<td>£3.10</td>
<td>(SULPHITES) £3.10</td>
</tr>
<tr>
<td>New potatoes / Green beans</td>
<td>Garlic bread (GLUTEN)</td>
<td>Roast potatoes</td>
<td>Sauté potatoes / Sweetcorn</td>
<td>Chip / New potatoes</td>
</tr>
<tr>
<td>Flat bread / Cauliflower</td>
<td>Naan bread (GLUTEN)</td>
<td>Green beans / Carrots</td>
<td>Cauliflower</td>
<td>Peas / Mushy peas</td>
</tr>
<tr>
<td>£0.50 each</td>
<td>Peas / Roasted vegetables</td>
<td>Garlic bread (GLUTEN)</td>
<td>£0.50 each</td>
<td>£0.50 each</td>
</tr>
<tr>
<td>Side salad £0.70</td>
<td>£0.50 each</td>
<td>Side salad £0.70</td>
<td>Side salad £0.70</td>
<td>Side salad £0.70</td>
</tr>
</tbody>
</table>

**Sides**

- Side salad £0.70
# WEEK FOUR – Starting on 12th July 2021

## LUNCH

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
</table>
| Minted pea soup & roll  
(SULPHITES)  
£1.40 | Vegetable scotch broth & roll  
(GLUTEN)  
£1.40 | Minestrone soup & roll  
(GLUTEN, CELERY)  
£1.40 | Roasted butternut squash soup & roll  
(SULPHITES)  
£1.40 | Mushroom and garlic soup & roll  
£1.40 |
| Baked coley with fennel salad  
(FISH)  
£4.00 | Chicken “coq au vin”  
(SULPHITES)  
£4.00 | Roast pork  
(SULPHITES)  
£4.00 | Turkey Bolognese with spaghetti  
(GLUTEN, CELERY)  
£4.00 | Battered fish of the day  
(GLUTEN, FISH)  
£4.00 |
| Penne pasta and mushroom sauce  
(GLUTEN, MILK)  
£3.10 | Vegetable feijoada  
£3.10 | Mushroom tarragon risotto  
£3.10 | Veg goulash with butterbeans  
(SULPHITES)  
£3.10 | Superfood Mexican Jumble  
£3.10 |
| New potatoes / Peas  
£0.50 each  
Lyonnaise Potatoes  
£0.50 each  
Side salad £0.70 | Mash / Rice  
| Carrots / Sweetcorn  
£0.50 each | Roast potatoes / Green beans  
Braised red cabbage  
(SULPHITES)  
Flat Bread (GLUTEN)  
£0.50 each  
Side salad £0.70 | Cauliflower / Sweetcorn  
Rice / New potatoes  
Garlic bread (GLUTEN)  
£0.50 each  
Side salad £0.70 | Chips / New potatoes  
Mushy peas / Peas  
£0.50 each |